



**Alexandria Location**

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**Woodbridge Location**

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## Prostate Biopsy Instructions

*You MUST have a driver with you*

**STOP ALL ASPIRIN, ASPIRIN PRODUCTS, AND BLOOD THINNERS**  
(Plavix/Clopidogrel, Coumadin/Warfarin, Lovenox/Enoxaparin, Xarelto/Rivaroxaban, Pradaxa/Dabigatran, and/or Eliquis/Apixaban) **1 WEEK PRIOR TO BIOPSY**. You must get an OK from your PCP that is it ok to stop these medications.

The day BEFORE your biopsy:

- Start Antibiotic with 1<sup>st</sup> dose in **AM with food** and 2<sup>nd</sup> dose in **PM with food**
- **At 10 PM**, take the first Fleets enema

The day of the biopsy:

- **3 hours prior to your appointment**, take the second Fleets enema
- Take an Antibiotic dose **1 hour** prior to procedure **with food**
- You will be given a single intramuscular Antibiotic injection prior to the procedure

### **Post-biopsy Instructions**

If you experience a fever greater than 101 degrees and/or are unable to urinate following the procedure → Call the office at 703-680-2111.

The biopsy procedure should take about 30 minutes.

You may notice some blood in your urine, stool, or semen after the procedure – this is normal. You will notice more blood the more active you are. This may last 4-5 weeks.

Continue Antibiotic twice a day until you have finished the medication.

The results of your biopsy will be in our office 7-10 days following the procedure.

If you have ANY problems, please call the office at 703-680-2111.